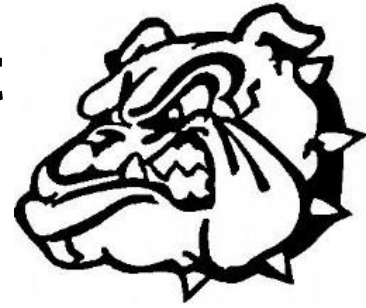


24 Hour Fitness & CHJAAF Biggest Loser Program



CHJAAF is proud to partner with 24 Hour Fitness in sponsoring a Biggest Loser program for our league!

- Join us in promoting a fit lifestyle and a HEALTHY Competition! Which team can lose the most Body Fat?
- Program will run throughout the regular football season
- All parents/siblings with players in the league are invited
- NO COST to participate! This is NOT a membership drive. 24 Hour Fitness sponsors this program for other large organizations and corporations as a community outreach program. They are a good neighbor.
- Success will be measured in total BODY FAT lost
- 24 Hour Fitness will provide the tools and fitness professionals to monitor our progress
- Look for other benefits from participating vendors or service providers for registered participants!

So do something good for yourself while your Bulldog is out practicing! Interested? Let your Team Parent know. Join us for our Kick Off meeting on **Thurs 9/4 at 6:30** at bleachers near the Snack Bar!